

CT'S BEHAVIORAL HEALTH HOME INITIATIVE

Background

- Section 2703 of the Affordable Care Act
- “State Option to Provide Health Homes for [Medicaid] Enrollees with Chronic Conditions”
- Application to the Centers for Medicaid and Medicare Services (CMS) via a Medicaid State Plan Amendment
- 90% Federal match (FMAP) for the first 8 quarters (as compared to the standard 50% match)

CT's BHH Model

Using **LMHAs and their Affiliates** (Sound Community Services) as **designated providers** to implement BHH services statewide beginning October 1, 2015

CT BHH Eligibility

Mental Health Consumers with:

- SPMI
- Schizophrenia and Psychotic Disorders;
- Mood Disorders;
- Anxiety Disorders;
- Obsessive Compulsive Disorder;
- Post-Traumatic Stress Disorder; and
- Borderline Personality Disorder.
- Medicaid Eligibility
- Medicaid claims \geq \$10k/year

DMHAS Funding Supports LMHA BHH Staffing

- BHH Director
- BHH Administrative Specialist
- Hospital Care Transition Coordinator
- Peer Recovery Specialist
- BHH Specialists
- Nurse / PC Nurse Care Manager
- PC Physician Consultant

Behavioral Health Home Core Services

- Comprehensive care management
- Care coordination
- Health promotion
- Comprehensive transitional care
- Patient and family support
- Referral to community support services



CT BEHAVIORAL HEALTH HOME OUTCOMES

- **GOAL 1:** IMPROVE QUALITY BY REDUCING UNNECESSARY HOSPITAL ADMISSIONS AND READMISSIONS
- **GOAL 2:** REDUCE SUBSTANCE USE
- **GOAL 3:** IMPROVE TRANSITIONS OF CARE
- **GOAL 4:** IMPROVE THE PERCENT OF INDIVIDUALS WITH MENTAL ILLNESS WHO RECEIVE PREVENTIVE CARE
- **GOAL 5:** IMPROVE CHRONIC CARE DELIVERY FOR INDIVIDUALS WITH SPMI
- **Goal 6:** INCREASE PERSON-CENTEREDNESS AND SATISFACTION WITH CARE DELIVERY
- **Goal 7:** INCREASE CONNECTION TO RECOVERY SUPPORT SERVICES

To learn more:

Call Toll Free: 1-844-551-2736

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