

Welcome!

Beginning in 2015 you will be able to participate in Connecticut's new **Behavioral Health Home Initiative**.

A Behavioral Health Home is **not** a house, group home or housing program, it is a place where eligible people can receive **a collection of services that help you to improve your physical health. These services will be provided to you by your current treatment team with the help of others.**

In addition to providing you mental health services, your team can now assist you with:

- Health information
- Health screenings
- Getting a Doctor or Dentist
- Attending doctor appointments (for some people this may include transportation and support while you're there)
- Quitting smoking (if and when you are ready)
- Educating you and important people in your life about medical conditions you may have: diabetes, high blood pressure, asthma
- Planning to return home from a hospital stay
- Accessing alcohol or drug treatment (if applicable)
- Referrals to other important community services

These services are *voluntary*. Services are only available to people who want them.

You will not be charged for these services. They are available to you because you are eligible for Medicaid.

A staff person from your Behavioral Health Home team will be talking to you about this soon.

They will ask you whether you choose to:

- Accept Behavioral Health Home Services where you currently receive your mental health services;
- Choose to receive Behavioral Health Home Services from another Behavioral Health Home; or,
- Choose not to receive Behavioral Health Home Services and continue to receive services with no changes in your current care.

If you have any questions before that, you can speak to a BHH Customer Service Representative by calling our toll free # 1-844-551-2736 or email Behavioral.HH@ct.gov.