# **Behavioral Health Home**American Stroke Month

According to the CDC, each year in the United States, there are more than 700,000 strokes. Stroke is the third leading cause of death in the country and stroke causes more serious long-term disabilities than any other disease.

# Find out how BHH Services can help bring awareness:

Comprehensive Care management	Review assessment to update medical needs. Ask client who his/her medical provider is, when his/her last physical exams were. Identify information, education, and services about stroke prevention client will need.
Care Coordination	Assist client with PCP appointment scheduling and accessing services and supports, including linking client to transportation.
Health Promotion	Provide educational facts sheets on risks of strokes, link clients to videos on how to identify symptoms. Educate client and a group of others on the importance of health screenings.
Comprehensive transitional care	In the case that client suffers from a stroke, coordinate meetings with area hospitals and inpatient facilities to ensure ongoing communication regarding admissions and discharges. Implement processes for sharing information.
Patient and family support	Assist client and his/her family with identifying and developing social support networks. Teach/Coach client on how to access support services on their own.
Referral to community support services	Make direct referrals related to needs identified in client's assessment in his/her plan of care. Follow-up with referral sources regarding referrals.

# May 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## **American Stroke Month**

May 2017

### **Community Resources**

- CT Support Groups Search
- CHNCT-Kramers Online-Health
  Sheets
- CHNCT-Kramers Online-Health
  Videos
- SS2S Program-Stoke Survivors
- National Stroke Association Stroke Support Group Registry

#### **Online Resources**

- CDC- Heart-Healthy & Stroke Free Handbook
- Stroke Help Line
- Act FAST
- What to Expect at the Hospital chart.
- Faces of Stroke
- Stroke Association web link

#### **Toolkit links**

- CDC Know Stroke Brochure
- CDC Preventable Deaths Handout
- Stroke Risk in Women Infographic
- Women and Stroke Handout
- Stroke Resources for Professionals
- American Heart Month Infographic

#iamawholeperson

#ctbhh

Call BHH Toll Free 1-844-551-2736

#strokemonth





