

CT Behavioral Health Homes

**April is
Alcohol
Awareness
Month**
 **NCADD**

April is
**Alcohol
Awareness
Month**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 World Autism Awareness Day	3	4 BHH Webex Webinar	5 National Alcohol Screening Day	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27 BHH Implementation Session	28
29	30					

Did you Know: According to the Beacon Tableau population health dashboard, in 2016 32%, or 2,580 BHH members, had an Alcohol diagnosis.

Resources

Community Resources

- ◇ [Drunk Driving in Connecticut](#)
- ◇ [Connecticut Alcohol Awareness Classes](#)
- ◇ [Pre-trial Alcohol Education Program at Wheeler Clinic](#)
- ◇ [Alcoholics Anonymous Meeting Locations](#)
- ◇ [Connecticut's Drunk Driving Law](#)
- ◇ [DMHAS: A Guide to Lower-Risk Drinking](#)

Online Resources

- ◇ [National Institute on Alcohol Abuse and Alcoholism](#)
- ◇ [CDC: Alcohol and Public Health](#)
- ◇ [What Works: Preventing Excessive Alcohol Consumption](#)
- ◇ [Preventing Drug Abuse and Excessive Alcohol Use](#)
- ◇ [CADCA: Get Involved in Alcohol Awareness Month](#)
- ◇ [How I Overcame Alcoholism](#)

Toolkits and Handouts

- ◇ [NCADD Alcohol Awareness Month Toolkit](#)
- ◇ [Healthfinder.gov Alcohol Awareness Month Toolkit](#)
- ◇ [Harmful Interactions: Mixing Alcohol with Medicines](#)
- ◇ [Fetal Alcohol Spectrum Disorders Program](#)
- ◇ [Talkingalcohol.com](#)
- ◇ [Strategizer 55: Regulating Alcohol Outlet Density](#)

BHH Services

Comprehensive Care Management— Assess clients for substance use disorders. For clients who struggle with alcohol abuse, incorporate alcohol abuse recovery and treatment into their treatment plan.

Care Coordination— Monitor client's progress in receiving proper services and treatment to ensure that alcohol dependence is controlled. Help client schedule and attend internal and external appointments.

Health Promotion— Educate clients about the signs and risk of alcoholism. Discuss available treatment options and encourage clients to seek help if they would like to lessen their alcohol dependence.

Comprehensive Transitional Care— If a client is hospitalized because of complications related alcohol abuse or alcohol intoxication, work with client and hospital staff to ensure client is not readmitted.

Patient and Family Support— Invite family support to attend informational sessions. Discuss client's rehabilitation/treatment goals and plans.

Referral to Community Support Services— Find support groups or events that will encourage clients to maintain an alcohol-free lifestyle.

