

# CT Behavioral Health Homes



## May is American Stroke Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 BHH Webinar	3	4 5 Childhood Stroke Awareness Day	6
7 National Nurses Week	8	9	10	11	12	13
14	15	16	17	18 BHH Implementation Session	19	20
21 Emergency Medical Services Week	22	23	24	25	26	27
28	29	30	31 National Senior Health & Fitness Day			

**Did you Know:** According to the Beacon Tableau population health dashboard, in 2016 1.9% of BHH members had a stroke. This is a decrease from 2015, in which 2.3% of BHH members had a stroke.

# Resources

## Community Resources

- ◇ [Connecticut Stroke Support Groups](#)
- ◇ [CHNCT-Kramers Online-Health Sheets—Stroke](#)
- ◇ [CHNCT-Kramers Online-Stroke Health Video](#)
- ◇ [CT Heart Disease and Stroke Prevention Program](#)
- ◇ [The Wethersfield Stroke Club](#)

## Online Resources

- ◇ [Young Stroke: An Unexpected Reality](#)
- ◇ [Are You At-Risk for a Stroke](#)
- ◇ [Links to In-Person, Phone-Based, and Computer/Tablet/Phone resources/Supports](#)
- ◇ [My Life Check](#)
- ◇ [What Are My Risks for Getting Heart Disease](#)

## Toolkits and Handouts

- ◇ [Stroke Awareness ECards](#)
- ◇ [Stroke Awareness Month Web Banners](#)
- ◇ [Power Sunday Toolkit](#)
- ◇ [Let's Talk About Stroke](#)
- ◇ [Let's Talk About Stroke \(Spanish\)](#)
- ◇ [Preventing Strokes](#)
- ◇ [Explaining Stroke](#)

# BHH Services

**Comprehensive Care Management**— Assess clients heart health and determine if they have a history, or are at risk, of having a stroke. For clients, who have had, or at risk, of having a stroke, incorporate stroke recovery and prevention goals into their treatment plan.

**Care Coordination**— Monitor client's progress in receiving proper services and treatment to ensure that post-stroke support is available. Help client schedule and attend internal and external appointments.

**Health Promotion**— Educate clients about the signs and risk of a stroke. Discuss available treatment options and encourage clients to seek continued help if they have a history of stroke or heart disease.

**Comprehensive Transitional Care**— If a client is hospitalized because after having a stroke, work with client and hospital staff to ensure client is not readmitted.

**Patient and Family Support**— Invite family support to attend informational sessions. Discuss client's rehabilitation/treatment goals and plans.

**Referral to Community Support Services**— Find support groups or events that will help clients post-stroke or ensure that clients at-risk of having a stroke does not have one.