CT Behavioral Health Homes

July
is
UV Safety
Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Stay Out of the Sun Day	4 Independence Day	5	6
7 Therapeutic Recreation Week	8	9	10	11	12	13
14	15	16	17	18	19 BHH Implementation Session	20
21	22	23	24	25	26 Americans with Disabilities Day	27
28 World Hepatitis Day	29	30	31			

More people are diagnosed with skin cancer each year in the U.S. than all other cancers combined—American Cancer Society

Resources

Community Resources

- **Playing it Safe in the Sun**

- **CT Cooling Centers**

- **211 Extreme Heat Precautions and Safety Tips**

Online Resources

- **Sun Safety**

- **Sun Damage**

- **Sun Poisoning**

- **Reasons to Wear Sunblock**

- **Protecting Your Eyes from Solar Radiation**

Toolkits and Handouts

- **Educational Handouts and Videos**

- **Sun Safety Quiz**

- **Sun Protection for Kids**

- **Sun Safety Resources Toolkit**

BHH Services

Comprehensive Care Management— Incorporate UV safety with general wellness goals. Ask clients if they protect themselves from UV exposure and assess new moles or blemishes on the skin. Identify information, education, and services about UV protection or skin cancer that the client will need.
Care Coordination— Assist client with scheduling appointments with PCP, dermatologist, and/or other skin specialists.
Health Promotion— Provide educational facts sheets/videos on UV protection, skin safety, mole examination, and sun damage. Discuss UV protection during wellness groups.
Comprehensive Transitional Care– If a client is receiving inpatient, ED, or outpatient care for overexposure to UV rays, new blemishes on the skin, or skin cancer, meet with client and discuss plans for follow-up care.
Patient and Family Support— Educate client and family members of the signs of sunburn and/or skin cancer, ways to treat it, and ways to prevent it.
Referral to Community Support Services— If there are community skin cancer support groups, provide clients with information to seek peer support. Research to identify support groups available online.

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