

CT Behavioral Health Homes



**June is
National Hunger
Awareness
Month**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4	5	6	7	8 Family Health and Fitness Day
9	10	11 Call Your Doctor Day	12	13	14 Flag Day	15
16 Fresh Veggies Day	17	18	19	20	21 BHH Learning Collaborative BHH Implementa- tion Session	22
23	24	25	26	27 PTSD Awareness Day	28	29
30						

40 million people struggle with hunger in the United States, including more than 12 million children.

[Feeding America.org](http://FeedingAmerica.org)

Resources

Community Resources

- [CT Food Resources](#)
- [CT Food Pantries](#)
- [CT Food Bank Mobile Pantry Brochure](#)
- [SNAP4CT Events](#)
- [211 Soup Kitchen Locations](#)
- [Connecticut Food Bank Mobile Pantry Schedule](#)

Online Resources

- [Food Security Status of U.S. Households](#)
- [Child Food Insecurity](#)
- [CDC Nutrition](#)
- [End Hunger CT](#)
- [Map the Meal Gap](#)
- [SNAP Application](#)

Toolkits and Handouts

- [Food Insecurity Screening Toolkit](#)
- [Healthy Eating on a Budget Cookbook](#)
- [Grocery List Handout](#)
- [Garden on a Budget](#)
- [Healthy Eating On A Budget](#)
- [Save More at the Store](#)

BHH Services

Comprehensive Care Management— Review the client’s goals and objectives as needed to address any food disparity issues.

Care Coordination— Assist the client with researching and filling out referral documents to obtain services to address hunger needs.

Health Promotion— Educate the client on the health benefits of eating healthy foods regularly. Demonstrate ways to create meal plans and balanced meals.

Comprehensive Transitional Care— Assure client’s SNAP benefits or meals on wheels is reinstated and active after all hospital stays. Discuss any changes to the clients diet with the transition team.

Patient and Family Support— Assist the family with planning wellness goals around healthy eating and advocate for them to utilize community resources if there are any gaps in the availability of healthy meals.

Referral to Community Support Services—Connect clients to local services that offer hunger prevention such as SNAP, local food bank and soup kitchens.

