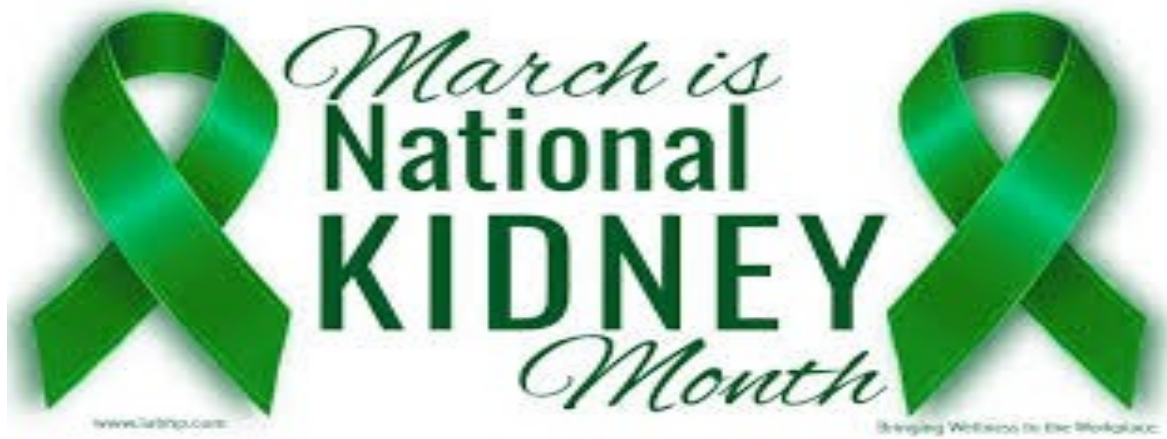


CT Behavioral Health Homes



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------|---|---------|-------------------------------------|---------------------------|--|----------|
| | | | | | 1 Self Injury Awareness Day | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 Daylight Savings | 11 | 12 | 13 | 14 World Kidney Day | 15 BHH Learning Collaborative PNP Working Group Implementation Session | 16 |
| 17 St. Patrick's Day | 18 | 19 | 20 Brain Injury Awareness Day | 21 | 22 | 23 |
| 24 | 25 National Cerebral Palsy Day | 26 | 28 | 29 | 30 | 31 |

In the US, treatment of chronic kidney disease is likely to exceed \$48 billion per year. Treatment for kidney failure consumes 6.7% of the total Medicare budget to care for less than 1% of the covered population - National Kidney Foundation

Resources

Community Resources

- [CT Patient Support and Financial Resources](#)
- [National Kidney Foundation Serving Connecticut](#)
- [Finding Support for Kidney Disease](#)
- [Nephrology in Connecticut link](#)
- [CT Polycystic Kidney Disease Foundation](#)

Online Resources

- [Take 5 for your Kidney](#)
- [Preventing Chronic Kidney Disease](#)
- [Kidney Failure \(ESRD\) Causes, Symptoms, & Treatments](#)
- [Types of Kidney Disease](#)
- [Stages of Chronic Kidney Disease](#)
- [Nephrology vs Urology](#)

Toolkits and Handouts

- [Your Kidneys and You \(video\)](#)
- [Are you at risk?](#)
- [Estimated Glomerular Filtration Rate \(eGFR\)](#)
- [National Kidney Disease Education Program](#)
- [Kidney facts](#)
- [More kidney facts](#)
- [Kidney Transplant](#)

BHH Services

Comprehensive Care Management—Review clients' health needs and concerns and verify these goals are part of the clients health and wellness goals in the care plan. Review Gaps in Care report for those who have diabetes, to assess nephropathy testing needs.

Care Coordination— Assist client with scheduling appointments for blood work and other testing to maintain kidney health. Link the client with a urologist or Nephrologist for specialized care.

Health Promotion— Work with the client on all aspects of kidney health and prompt client to speak with their PCP to make sure they are following medical suggestions for proper care.

Comprehensive Transitional Care— Go over any possible medication side effects before discharge. Support the client with speaking to the discharge team with any kidney health concerns before returning home.

Patient and Family Support— Educate the client and their family with facts on kidney disease and ways they can benefit their health with nutrition and exercise.

Referral to Community Support Services— Refer clients to community support or education groups. Locate additional medical supports to maintain kidney health.

